

UnderStandingAmericaStudy

UAS 737: DAILY AND ROUTINE ACTIVITIES



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1 INTRODUCTION

This UAS panel survey, titled "UAS 737: Daily and routine activities", asks questions about respondents' daily and routine activities related to social behavior, diet, and exercise. This survey is currently in the field. Respondents were paid \$6 to complete the survey. This survey is made available to all active UAS respondents with a maximum of 260 respondents per week to ensure respondents are distributed across the year.

1.1 Topics

This survey contains questions (among others) on the following topics: Diet Lifestyle, Health. A complete survey topic categorization for the UAS can be found [here](#).

1.2 Experiments

This survey did not include any experiments. A complete survey experiment categorization for the UAS can be found [here](#).

1.3 Citation

Each publication, press release or other document that cites results from this survey must include an acknowledgment of UAS as the data source and a disclaimer such as, 'The project described in this paper relies on data from survey(s) administered by the Understanding America Study, which is maintained by the Center for Economic and Social Research (CESR) at the University of Southern California. The content of this paper is solely the responsibility of the authors and does not necessarily represent the official views of USC or UAS.' For any questions or more information about the UAS, contact Tania Gutsche, Project and Panel Manager, Center for Economic and Social Research, University of Southern California, at tgutsche@usc.edu.

2 SURVEY RESPONSE AND DATA

2.1 Sample selection and response rate

The sample selection for this survey was:

All active respondents (with a group of 260 respondents invited every week).

As such, this survey has so far been made available to 2859 UAS participants. Of those 2859 participants, 1861 completed the survey and are counted as respondents. Of those who are not counted as respondents, 17 started the survey without completing and 981 did not start the survey. The preliminary overall response rate is 65.09%.

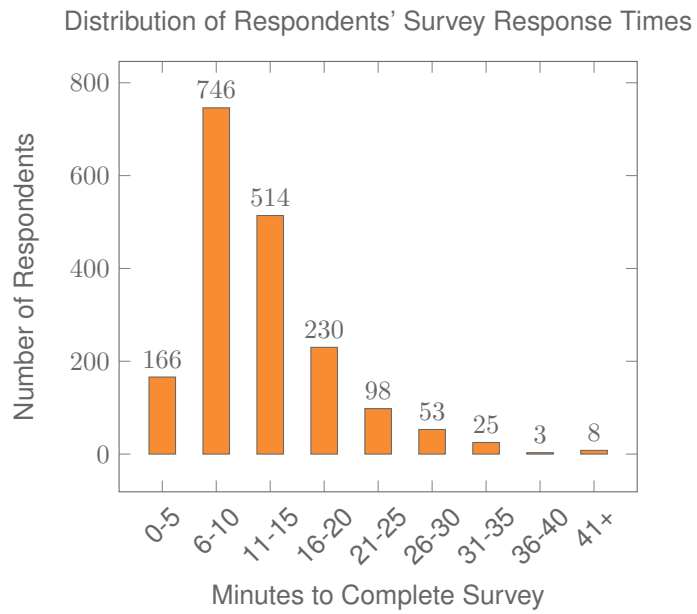
Note: We are unable to provide sample weights for a small number of UAS members (see the Sample and weighting section below for details). If they completed the survey, these members are included in the data set with a weight of zero, but accounted for in the computation of total sample size and survey response rate.%.

The detailed survey response rate is as follows:

UAS737 - Response Overview	
Size of selected sample	2859
Completed the survey	1861
Started but did not complete the survey	17
Did not start the survey	981
Response rate	65.09%

2.2 Timings

All reported timings and response rate statistics are as of November 20, 2025. The survey took respondents an average of 12 minutes, and the full distribution of survey response times is in the figure below. Times per question are available upon request.



2.3 Weighting

Weights are not (yet) available for this survey. Please contact UAS staff with any questions.

3 STANDARD VARIABLES

Each Understanding America Study data set contains a series of standard variables, consisting of individual, household and sample identifiers, language indicator, time stamps and a rating by the respondent of how much he or she liked the survey. These variables are based on the questions asked quarterly in the My Household survey after the application of a cleaning process (<https://uasdata.usc.edu/page/Data+Cleaning+Process>). They are the following:

- **uasid**: the identifier of the respondent. This identifier is assigned to a respondent at recruitment and stays with the respondent throughout each and every survey he/she participates in. When analyzing data from multiple surveys, the 'uasid' can be used to merge data sets.
- **uashhid**: the household identifier of the respondent. Every member is assigned a household identifier, stored in the variable `jemuashhidi/emi`. For the primary respondent this identifier is his or her 'uasid'. All other eligible members of the primary respondent's household (everyone who is 18 or older in the household) who become UAS respondents receive the uasid of the primary respondent as their household identifier. The uashhid remains constant over time for all respondents. Thus it is always possible to find the original UAS household of an UAS panel member (even after they, for example, have moved out to form another household).
- **uashhid.current**: the current household identifier of the respondent. Uniquely identifies the household a UAS panel member belongs to in a given survey INDEPENDENT of the exact composition of the household in terms of who else in the household are UAS members. Missing (.n) for respondents who are in a single-UAS member household. Available on request in data sets prior to September 3, 2025.
- **survhhid**: uniquely identifies the household a UAS panel member belongs to in a given survey DEPENDENT on the exact composition of the household in terms of who else in the household are UAS members. Is set to missing (.n) if no other household members are UAS panel members at the time of the survey. Is set to unknown (.u) for respondents who last participated in the My Household survey prior to January 21, 2015.
- **uasmembers**: is the number of other household members who are also UAS panel members at the time of the survey. Since individuals can answer the same survey at different points in time (which can be relatively far apart is the survey is kept in the field for a prolonged time), it may be possible that, within the same data set, the primary respondent of a household has a value of '0', whereas the second UAS household respondent has a value of '1'. Therefore 'uasmembers' should be interpreted as the number of household and UAS panel members at the time the respondent answers the survey. Note: in the My Household survey 'uasmembers' is set to unknown (.u) for respondents who last participated in the My Household survey prior to January 21, 2015.

- **sampleframe**: indicates the sampling frame from which the household of the respondent was recruited. All UAS recruitment is done through address based sampling (ABS) in which samples are acquired based on postal records. Currently, the variable 'sampleframe' takes on four values reflecting four distinct sample frames used by the UAS over the year (in future data sets the number of sample frames used for recruitment may increase if additional specific populations are targeted in future recruitment batches):

1. U.S. National Territory: recruited through ABS within the entire U.S.
2. Areas high concentration Nat Ame: recruited through ABS in areas with a high concentration of Native Americans in the zip-code. Within these batches, individuals who are not Native Americans are not invited to join the UAS.
3. Los Angeles County: recruited through ABS within Los Angeles County.
4. California: recruited through ABS within California.

Note: prior to March 6, 2024 this variable was called sampletype and had the following value labels for the above list in UAS data sets:

1. Nationally Representative Sample: recruited through ABS within the entire U.S.
2. Native Americans: recruited through ABS in areas with a high concentration of Native Americans. Within these batches, individuals who are not Native Americans are not invited to join the UAS.
3. LA County: recruited through ABS within Los Angeles County.
4. California: recruited through ABS within California.

- **batch**: indicates the batch from which the respondent was recruited. Currently, this variable takes the following values (in future data sets the number of batches may increase as new recruitment batches are added to the UAS):

1. ASDE 2014/01
2. ASDE 2014/01
3. ASDE 2014/01
4. Public records 2015/05
5. MSG 2015/07
6. MSG 2016/01
7. MSG 2016/01
8. MSG 2016/01
9. MSG 2016/02
10. MSG 2016/03
11. MSG 2016/04
12. MSG 2016/05

13. MSG 2016/08
14. MSG 2017/03
15. MSG 2017/11
16. MSG 2018/02
17. MSG 2018/08
18. MSG 2019/04
19. MSG 2019/05
20. MSG 2019/11
21. MSG 2020/08
22. MSG 2020/10
23. MSG 2021/02
24. MSG 2021/08
25. MSG 2021/08
26. MSG 2022/02
27. MSG 2022/02
28. MSG 2022/08
29. MSG 2022/11
30. MSG 2022/11
31. MSG 2023/01
32. MSG 2023/06
33. MSG 2023/09
34. MSG 2023/10
35. MSG 2025/02
36. MSG 2025/09

Note: prior to March 6, 2024 this variable had the following value labels for the above list in UAS data sets:

1. ASDE 2014/01 Nat.Rep.
2. ASDE 2014/01 Native Am.
3. ASDE 2014/11 Native Am.
4. LA County 2015/05 List Sample
5. MSG 2015/07 Nat.Rep.
6. MSG 2016/01 Nat.Rep. Batch 2
7. MSG 2016/01 Nat.Rep. Batch 3
8. MSG 2016/01 Nat.Rep. Batch 4

9. MSG 2016/02 Nat.Rep. Batch 5
10. MSG 2016/03 Nat.Rep. Batch 6
11. MSG 2016/04 Nat.Rep. Batch 7
12. MSG 2016/05 Nat.Rep. Batch 8
13. MSG 2016/08 LA County Batch 2
14. MSG 2017/03 LA County Batch 3
15. MSG 2017/11 California Batch 1
16. MSG 2018/02 California Batch 2
17. MSG 2018/08 Nat.Rep. Batch 9
18. MSG 2019/04 LA County Batch 4
19. MSG 2019/05 LA County Batch 5
20. MSG 2019/11 Nat. Rep. Batch 10
21. MSG 2020/08 Nat. Rep. Batch 11
22. MSG 2020/10 Nat. Rep. Batch 12
23. MSG 2021/02 Nat. Rep. Batch 13
24. MSG 2021/08 Nat. Rep. Batch 15
25. MSG 2021/08 Nat. Rep. Batch 16
26. MSG 2022/02 Nat. Rep. Batch 17 (priority)
27. MSG 2022/02 Nat. Rep. Batch 17 (regular)
28. MSG 2022/08 Nat. Rep. Batch 18
29. MSG 2022/11 LA County Batch 6
30. MSG 2022/11 Nat. Rep. Batch 20
31. MSG 2023/01 Nat. Rep. Batch 21
32. MSG 2023/06 Nat. Rep. Batch 22
33. MSG 2023-09 Native Am. Batch 3
34. MSG 2023-10 Nat. Rep. Batch 23

- **primary_respondent:** indicates if the respondent was the first person within the household (i.e. to become a member or whether s/he was added as a subsequent member. A household in this regard is broadly defined as anyone living together with the primary respondent. That is, a household comprises individuals who live together, e.g. as part of a family relationship (like a spouse/child/parent) or in context of some other relationship (like a roommate or tenant).
- **hardware:** indicates whether the respondent ever received hardware or not. Note: this variable should not be used to determine whether a respondent received hardware at a given point in time and/or whether s/he used the hardware to participate in a survey. Rather, it indicates whether hardware was ever provided:

1. None
 2. Tablet (includes Internet)
- **language**: the language in which the survey was conducted. This variable takes a value of 1 for English and a value of 2 for Spanish.
 - **start_date (start_year, start_month, start_day, start_hour, start_min, start_sec)**: indicates the time at which the respondent started the survey.
 - **end_date (end_year, end_month, end_day, end_hour, end_min, end_sec)**: indicates the time at which the respondent completed the survey.
 - **cs_001**: indicates how interesting the respondent found the survey.

4 DEMOGRAPHICS

Every UAS survey data set also includes demographic variables, which provide background information about the respondent and their household. Demographic information such as age, ethnicity, education, marital status, work status, state of residence, family structure is elicited every quarter through the “My Household” survey. The demographic variables provided with each survey are taken from the most recent ‘MyHousehold’ survey answered by the respondent. If at the time of a survey, the information in “My Household” is more than three months old, a respondent is required to check and update his or her information before being able to take the survey.

The demographic variables are based on the questions taken from the My Household survey after the application of the cleaning process.

The following variables are available in survey data sets after October 8, 2025:

- **sex**: indicates the sex of the respondent as assigned at birth. Is set to gender if the respondent has not filled out My Household after October 8, 2025.
- **genderid**: indicates the current gender of the respondent. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025. Available in data sets after October 8, 2025.
- **dateofbirth_year**: indicates the year of birth of the respondent.
- **age**: indicates the age of the respondent at the start of the survey.
- **agerange**: if the respondent's age cannot be calculate due to missing information, 'agerange' indicates the approximate age. Should a value for both the 'age' and 'agerange' be present, then 'age' takes precedence over 'agerange'.
- **citizenus**: indicates whether the respondent is a U.S. citizen.
- **bornus**: indicates whether the respondent was born in the U.S.
- **stateborn**: indicates the state in which the respondent was born. Is set to missing (".") if the respondent was not born in the U.S.
- **countryborn**: indicates the country in which the respondent was born. Is set to missing (".") if the respondent was born in the U.S.
- **state reside**: indicates the state in which the respondent is living.
- **immigration_status**: indicates whether the respondent is an immigrant. It takes one of the following values: 0 Non-immigrant, 1 First generation immigrant (immigrant who migrated to the U.S), 2 Second generation immigrant (U.S.-born children of at least one foreign-born parent), 3 Third generation immigrant (U.S.-born children of at least

one U.S.-born parent, where at least one grandparent is foreign-born), or 4 Unknown immigrant status.

- **maritalstatus**: indicates the marital status of the respondent.
- **livewithpartner**: indicates whether the respondent lives with a partner.
- **education**: indicates the highest level of education attained by the respondent.
- **white**: indicates whether the respondent identifies him or herself as white (Caucasian).
- **black**: indicates whether the respondent identifies him or herself as black (African-American).
- **nativeamer**: indicates whether the respondent identifies him or herself as Native American (American Indian or Alaska Native).
- **asian**: indicates whether the respondent identifies him or herself as Asian (Asian-American).
- **pacific**: indicates whether the respondent identifies him or herself as Native Hawaiian or Other Pacific Islander.
- **race**: indicates the race of the respondent as singular (e.g., '1 White' or '2 Black') or as mixed (in case the respondent identifies with two or more races). The value '6 Mixed' that the respondent answered 'Yes' to at least two of the single race categories. This variable is generated based on the values of the different race variables (white, black, nativeamer, asian, pacific). This composite measure is not conditional on hisplatinio, so an individual may identify as Hispanic or Latino, and also as a member of one or more racial groups.
- **race_identify**: indicates the race the respondent identifies with most (if mixed). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hisplatinio**: indicates whether the respondent identifies him or herself as being Hispanic or Latino. This variable is asked separately from race.
- **mena**: indicates whether the respondent identifies as being of Middle Eastern or North African ancestry. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **working**: indicates whether the respondent is working for pay.
- **sick_leave**: indicates whether the respondent is not working because sick or on leave.
- **unemp_layoff**: indicates whether the respondent is unemployed or on lay off.
- **unemp_look**: indicates whether the respondent is unemployed and looking for a job.

- **retired**: indicates whether the respondent is retired.
- **disabled**: indicates whether the respondent has a disability.
- **workemployer**: indicates whether the respondent works for an employer. Is set to missing (".e") if no answer for laborstatus was given by the respondent. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **workself**: indicates whether the respondent is self-employed. Is set to missing (".e") if no answer for laborstatus was given by the respondent. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **homemaker**: indicates whether the respondent is a homemaker. Is set to missing (".e") if no answer for laborstatus was given by the respondent. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **student**: indicates whether the respondent is a student. Is set to missing (".e") if no answer for laborstatus was given by the respondent. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **notworking**: indicates whether the respondent is not working and not looking for work. Is set to missing (".e") if no answer for laborstatus was given by the respondent. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **If_other**: indicates whether the respondent has another labor force status.
- **laborstatus**: indicates the labor force status of the respondent as singular (e.g., '1 Working for pay' or '2 On sick or other leave') or as mixed (in case the respondent selects two or more labor statuses). The value '8 Mixed' indicates that the respondent answered 'Yes' to at least two of the single labor force status variables. This variable is generated based on the values of the different labor status variables (working, sick.leave, unempl.layoff, unempl.look, retired, disabled, If_other).
- **hourswork**: indicates the number of hours the respondent works per week. Is set to missing (.) if the respondent is not currently working or currently on sick or other leave.
- **hhincome**: indicates the total combined income of all members of the respondent's household (living in their household) during the past 12 months.
- **anyhhmember**: indicates whether there were any members in the respondent's household at the time he/she answered the survey as reported by the respondent. Based on the hhmemberin variables if the respondent has not filled out My Household after October 8, 2025. Based on hhcomp_total if the respondent has filled out My Household after October 8, 2025.
- **hhmembervnumber**: indicates the number of household members in the respondent's household at the time of the survey as reported by the respondent. It may

be that 'anyhhmember' is 'Yes', but 'hhmembernumber' is missing if the respondent did not provide the number of household members at the time of the survey. Based on the hhmemberin variables if the respondent has not filled out My Household after October 8, 2025. Based on hhcomp_total if the respondent has filled out My Household after October 8, 2025.

- **hhcomp_male_0_3**: indicates the number of male children ages 0 through 4 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_female_0_3**: indicates the number of female children ages 0 through 4 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_other_0_3**: indicates the number of other-gendered children ages 0 through 4 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_male_4_12**: indicates the number of male children ages 5 through 12 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_female_4_12**: indicates the number of female children ages 5 through 12 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_other_4_12**: indicates the number of other-gendered children ages 5 through 12 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_male_13_17**: indicates the number of male children ages 13 through 17 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_female_13_17**: indicates the number of female children ages 13 through 17 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_other_13_17**: indicates the number of other-gendered children ages 13 through 17 who are living in the respondent's household right now (even if they only

live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.

- **hhcomp_male_18_64**: indicates the number of male adults ages 18 through 64 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_female_18_64**: indicates the number of female adults ages 18 through 64 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_other_18_64**: indicates the number of other-gendered adults ages 18 through 64 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_male_65plus**: indicates the number of male adults ages 65 or older who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_female_65plus**: indicates the number of female adults ages 65 or older who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_other_65plus**: indicates the number of other-gendered adults ages 65 or older who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_total_18_64**: indicates the total number of adults 18 through 64 who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_total_65plus**: indicates the total number of adults 65 or older who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_total_adults**: indicates the total number of adults who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.

- **hhcomp_total.children**: indicates the total number of children who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **hhcomp_total**: indicates the total number of people who are living in the respondent's household right now (even if they only live with the respondent part-time or temporarily). Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **parent_guardian.a**: indicates whether the respondent is the parent or guardian of one or more children ages 0 to 4. Is set to missing (".a") if hhcomp_total.children is not greater than 0. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **parent_guardian.b**: indicates whether the respondent is the parent or guardian of one or more children ages 5 to 12. Is set to missing (".a") if hhcomp_total.children is not greater than 0. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.
- **parent_guardian.c**: indicates whether the respondent is the parent or guardian of one or more children ages 13 to 17. Is set to missing (".a") if hhcomp_total.children is not greater than 0. Is set to missing (".v") if the respondent has not filled out My Household after October 8, 2025.

The following variables were provided up until October 8, 2025. Several remain available in data sets created after October 8, 2025 on request.

- **gender**: indicates the gender of the respondent. Available in data sets before October 9, 2025.
- **countryborn.other**: indicates the country of birth if that country is not on the drop down list of countries shown to the respondent'.
- **hisplatinogroup**: indicates which Hispanic or Latino group a respondent identifies him or herself with. Is set to missing (".") if the respondent does not identify him or herself as being Hispanic or Latino. Available in data sets after October 8, 2025 on request.
- **employmenttype**: indicates the employment type of the respondent (employed by the government, by a private company, a nonprofit organization, or self-employed). Is set to missing (".") if the respondent is not currently working or currently on sick or other leave. Available in data sets before October 9, 2025.
- **workfullpart**: indicates whether the respondent works full or part-time. Is set to missing (".") if the respondent is not currently working or currently on sick or other leave. Available in data sets before October 9, 2025.

- **hhmemberin_#**: indicates whether a household member is currently in the household as reported by the respondent. Household members are never removed from the stored household roster and their information is always included in survey data sets. The order of the roster is the same order in which household members were specified by the respondent in the 'MyHousehold' survey. The order is identified by the suffix _# (e.g., _1 indicates the first household member, _2 the second household member, etc.).

As an example, if the first household member is in the household at the time of the survey, 'hhmemberin_1' is set to '1 HH Member 1 is in the HH'; if he/she has moved out, 'hhmemberin_1' is set to '0 HH member 1 is no longer in the HH'. Since information of other household members (stored in the variables listed below) is always included in survey data sets, information about 'hhmemberin_1' is available whether this person is still in the household or has moved out. Available in data sets before October 9, 2025. Available in data sets after October 8, 2025 on request.

- **hhmembergen_#**: indicates the gender of the household member as reported by the respondent. Available in data sets before October 9, 2025. Available in data sets after October 8, 2025 on request.
- **hhmemberage_#**: indicates the age of the household member. The age is derived from the month and year of birth of the household member as reported by the respondent. Available in data sets before October 9, 2025. Available in data sets after October 8, 2025 on request.
- **hhmemberrel_#**: indicates the relationship of the respondent to the household member as reported by the respondent. Available in data sets before October 9, 2025. Available in data sets after October 8, 2025 on request.
- **hhmemberuasid_#**: indicates the 'uasid' of the household member if this person is also a UAS panel member. It is set to missing (.) if this person is not a UAS panel member at the time of the survey. Since this identifier is directly reported by the respondent (chosen from a preloaded list), it may differ from the actual (correct) 'uasid' of the UAS member it refers to because of reporting error. Also, this variable should not be used to identify UAS members in a given household at the time of the survey. This is because the variables 'hhmemberuasid_#' are taken from the most recent 'My Household' and changes in household composition involving UAS members may have occurred between the time of the respondent answered 'My Household' and the time the respondent answers the survey. To follow UAS members of a given household, it is advised to use the identifiers 'uashhid' and 'survhhid'. Available in data sets before October 9, 2025. Available in data sets after October 8, 2025 on request.

Lastly, data sets created after May 8, 2025 include an urbanicity variable. It is based on panel members' current census tract of residence and the 2010 Rural-Urban Commuting Area (RUCA) codes released by the US Department of Agriculture's Economic Research Service. To preserve confidentiality, the UAS collapses the 10 primary RUCA codes to 4

levels: Metropolitan, Micropolitan, Small/Rural, and Unknown. The Metropolitan level corresponds to primary RUCA codes 1-3, the Micropolitan level corresponds to RUCA codes 4-6, and the Small/Rural UAS classification corresponds to RUCA codes 7-10.

For detailed information and definitions of the 10 primary RUCA codes, please visit the [USDA ERS Rural-Urban Commuting Area Codes site](#). Surveys conducted completely prior to May 8, 2025 will have an urbanicity data variable available on request.

5 MISSING DATA CONVENTIONS

Data files provide so-called clean data, that is, answers given to questions that are not applicable anymore at survey completion (for example because a respondent went back in the survey and skipped over a previously answered question) are treated as if the questions were never asked. In the data files all questions that were asked, but not answered by the respondent are marked with (.e). All questions never seen by the respondent (or any dirty data) are marked with (.a). The latter may mean that a respondent did not view the question because s/he skipped over it; or alternatively that s/he never reached that question due to a break off. If a respondent did not complete a survey, the variables representing survey end date and time are marked with (.c). Household member variables are marked with (.m) if the respondent has less household members (e.g. if the number of household members is 2, any variables for household member 3 and up are marked with (.m)).

UAS provides data in STATA and CSV format. Stata data sets come with include variable labels that are not available in the CSV files. Value labels are provided for single-response answer option. In STATA these labels will include the labels 'Not asked' and 'Not answered' for (.a) and (.e), and will show in tabulations such as 'tab q1, missing'. For multiple-response questions a binary variable is created for each answer option indicating whether the option was selected or not. A summary variable is also provided in string format reflecting which options were selected and in which order. For example, if a question asked about favorite animals with options cat, dog, and horse, then if a respondent selected horse and then cat, the binary variables for horse and cat will be set to yes, while the overall variable would have a string value of '3-1'. If no answer was given, all binary variables and the summary variable will be marked with '.e'.

Questions that are asked multiple times are often implemented as so-called array questions. Supposing the name of such question was Q1 and it was asked in 6 different instances, your data set would contain the variables Q1_1_ to Q1_6_. To illustrate, if a survey asked the names of all children, then child_1_ would contain the name of the first child the respondent named and so on.

More information about the UAS data in general can be found on the UAS Data Pages web site.

6 ROUTING SYNTAX

The survey with routing presented in the next section includes all of the questions that make up this survey, the question answers when choices were provided, and the question routing. The routing includes descriptions of when questions are grouped, conditional logic that determines when questions are presented to the respondent, randomization of questions and answers, and fills of answers from one question to another.

If you are unfamiliar with conditional logic statements, they are typically formatted so that **if** the respondent fulfills some condition (e.g. they have a cellphone or a checking account), **then** they are presented with some other question or the value of some variable is changed. If the respondent does not fulfill the condition (e.g. they are not a cellphone adopter or they do not have a checking account), something **else** happens such as skipping the next question or changing the variable to some other value. Some of the logic involved in the randomization of questions or answers being presented to the respondent is quite complex, and in these instances there is documentation to clarify the process being represented by the routing.

Because logic syntax standards vary, here is a brief introduction to our syntax standards. The syntax used in the conditional statements is as follows: '=' is equal to, '<' is less than, '>' is greater than, and '!= ' is used for does not equal. When a variable is set to some number N, the statement looks like 'variable := N'.

The formatting of the questions and routing are designed to make it easier to interpret what is occurring at any given point in the survey. Question ID is the bold text at the top of a question block, followed by the question text and the answer selections. When a question or variable has associated data, the name links to the appropriate data page, so you can easily get directly to the data. Text color is used to indicate the routing: **red** is conditional logic, **gold** is question grouping, **green** is looping, and **orange** is used to document randomization and other complex conditional logic processes. The routing is written for a computer to parse rather than a human to read, so when the routing diverges significantly from what is displayed to the respondent, a screenshot of what the respondent saw is included.

The name of the randomization variables are defined in proximity to where they are put into play, and like the question ID the names of the randomization variables can be used to link directly to the associated data page.

7 SURVEY WITH ROUTING

mainintro (Section Social)

This survey asks about a number of your daily or routine activities. Thank you for your participation.

Start of section **Social**

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

soc001.intro (Section Social)

In the last month, how often have you done the following:

SUBGROUP OF QUESTIONS

soc001a (Attended a significant life event in section Social)

Attended a significant life event such as a wedding, funeral, birthday party, retirement party, or family reunion

- 1 More than once
- 2 Once
- 3 Not at all

soc001b (Attended a large event for the purpose of entertainment or enrichment in section Social)

Attended a large event for the purpose of entertainment or enrichment, such as a movie, concert, sporting event, play, or in-person lecture

- 1 More than once
- 2 Once
- 3 Not at all

soc001c (Attended a political meeting, rally, protest, or demonstration in section Social)

Attended a political meeting, rally, protest, or demonstration

- 1 More than once
- 2 Once
- 3 Not at all

soc001d (Participated in an activity or event organized by a local civic group, social club, interest-based association, charity, or service-oriented organization in section Social)

Participated in an activity or event organized by a local civic group, social club, interest-based association, charity, or service-oriented organization

- 1 More than once

- 2 Once
- 3 Not at all

soc001e (Gone out to a restaurant, bar, or club in section Social)

Gone out to a restaurant, bar, or club

- 1 More than once
- 2 Once
- 3 Not at all

soc001f (Attended a religious service or gathering in section Social)

Attended a religious service or gathering

- 1 More than once
- 2 Once
- 3 Not at all

END OF SUBGROUP

END OF GROUP

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

soc002.intro (Section Social)

In the last month, how often have you done the following:

SUBGROUP OF QUESTIONS

soc002a (spent an hour or more socializing in-person with people who do not live with you in section Social)

Spent an hour or more socializing **in-person** with friends, neighbors, or relatives who do not live with you

- 1 More than once
- 2 Once
- 3 Not at all

soc002b (spent an hour or more socializing remotely with people who do not live with you in section Social)

Spent an hour or more socializing **remotely** (e.g., by phone or online) with friends, neighbors, or relatives who do not live with you

- 1 More than once
- 2 Once
- 3 Not at all

END OF SUBGROUP

END OF GROUP

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

soc003.intro (Section Social)

How often do you use the following sources to stay informed about current events?

SUBGROUP OF QUESTIONS

soc003a (Social media information source in section Social)

Social media

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

soc003b (Cable or broadcast news information source in section Social)

Cable or broadcast news (e.g. CBS, Fox News, CNN, MSNBC)

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

soc003c (National newspaper(s) (in print or digital format) information source in section Social)

National newspaper(s) (in print or digital format) such as the New York Times, The Wall Street Journal, etc.

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

soc003d (Public radio and/or public television information source in section Social)

Public radio and/or public television

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

soc003e (Local newspaper(s) information source in section Social)

Local newspaper(s)

- 1 Often
- 2 Sometimes
- 3 Rarely

4 Never

soc003f (Talk radio information source in section Social)

Talk radio

1 Often

2 Sometimes

3 Rarely

4 Never

soc003g (Podcasts information source in section Social)

Podcasts

1 Often

2 Sometimes

3 Rarely

4 Never

soc003h (other information source in section Social)

Other, please specify:

1 Often

2 Sometimes

3 Rarely

4 Never

END OF SUBGROUP

soc003h.other (specify other information source in section Social)

STRING

END OF GROUP

End of section **Social**

Start of section **Diet**

diet_intro (Section Diet)

We would now like to ask you about your eating and drinking habits and routines over the **past month**.

dsq_1 (how often eat hot or cold cereals in section Diet)

During the past month, how often did you eat hot or cold cereals?

1 Never

2 1 time last month

3 2-3 times last month

4 1 time per week

5 2 times per week

- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_2 (how often have any milk in section Diet)

During the past month, how often did you have any milk (either to drink or on cereal)? Include regular milks, chocolate or other flavored milks, lactose-free milk, buttermilk. Please do not include soy milk or small amounts of milk in coffee or tea.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2-3 times per day
- 10 4-5 times per day
- 11 6 or more times per day

IF dsq_2 > 1 THEN

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

dsq_3 (kind of milk drunk in section Diet)

During the past month, what kind of milk did you usually drink?

- 1 Whole or regular milk (3.25% fat)
- 2 2% fat or reduced-fat milk
- 3 1%, ½%, or low-fat milk
- 4 Fat-free, skim or non-fat milk
- 5 Soy milk
- 6 Other, please specify:

dsq_3.other (other kind of milk drunk in section Diet)

STRING

END OF GROUP

END OF IF

dsq_4 (how often drink regular soda or pop that contains sugar in section Diet)

During the past month, how often did you drink regular soda or pop that contains sugar? Do not include diet soda.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month

- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2-3 times per day
- 10 4-5 times per day
- 11 6 or more times per day

dsq_5 (how often drink 100% pure fruit juices in section Diet)

During the past month, how often did you drink 100% pure fruit juices such as orange, mango, apple, grape and pineapple juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2-3 times per day
- 10 4-5 times per day
- 11 6 or more times per day

dsq_6 (how often drink coffee or tea that had sugar or honey added in section Diet)

During the past month, how often did you drink coffee or tea that had sugar or honey added to it? Include coffee and tea you sweetened yourself and pre-sweetened tea and coffee drinks such as Arizona Iced Tea and Frappuccino. Do not include artificially sweetened coffee or diet tea.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2-3 times per day
- 10 4-5 times per day
- 11 6 or more times per day

dsq_7 (how often drink sweetened fruit drinks, sports or energy drinks in section Diet)

During the past month, how often did you drink sweetened fruit drinks, sports or energy drinks, such as KoolAid, lemonade, HiC, cranberry drink, Gatorade, Red Bull or Vitamin

Water? Include fruit juices you made at home and added sugar to. Do not include diet drinks or artificially sweetened drinks.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2-3 times per day
- 10 4-5 times per day
- 11 6 or more times per day

dsq_8 (how often eat fruit in section Diet)

During the past month, how often did you eat fruit? Include fresh, frozen or canned fruit. Do not include juices.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_9 (how often eat a green leafy or lettuce salad, with or without other vegetables in section Diet)

During the past month, how often did you eat a green leafy or lettuce salad, with or without other vegetables?

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_10 (how often eat any kind of fried potatoes in section Diet)

During the past month, how often did you eat any kind of fried potatoes, including French fries, home fries, or hash brown potatoes?

- 1 Never

- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_11 (how often eat any other kind of potatoes in section Diet)

During the past month, how often did you eat any other kind of potatoes, such as baked, boiled, mashed potatoes, sweet potatoes, or potato salad?

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_12 (how often eat refried beans, baked beans, beans in soup, pork and beans or other beans in section Diet)

During the past month, how often did you eat refried beans, baked beans, beans in soup, pork and beans or any other type of cooked dried beans? Do not include green beans.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_13 (how often eat brown rice or other cooked whole grains in section Diet)

During the past month, how often did you eat brown rice or other cooked whole grains, such as bulgur, cracked wheat, or millet? Do not include white rice.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week

- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_14 (how often eat other vegetables in section Diet)

During the past month how often did you eat other vegetables (not including green salads, potatoes, cooked dried beans)?

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_15 (how often have Mexican type salsa made with tomato in section Diet)

During the past month, how often did you have Mexican-type salsa made with tomato?

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_16 (how often eat pizza in section Diet)

During the past month, how often did you eat pizza? Include frozen pizza, fast food pizza, and homemade pizza.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_17 (how often have tomato sauces in section Diet)

During the past month, how often did you have tomato sauces such as with spaghetti or noodles or mixed into foods such as lasagna? Do not include tomato sauce on pizza.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_18 (how often eat any kind of cheese in section Diet)

During the past month, how often did you eat any kind of cheese? Include cheese as a snack, cheese on burgers, sandwiches, and cheese in foods such as lasagna, quesadillas, or casseroles. Do not include cheese on pizza.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_19 (how often eat red meat in section Diet)

During the past month, how often did you eat red meat, such as beef, pork, ham, or sausage? Do not include chicken, turkey or seafood. Include red meat you had in sandwiches, lasagna, stew, and other mixtures. Red meats may also include veal, lamb, and any lunch meats made with these meats.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_20 (how often eat any processed meat in section Diet)

During the past month, how often did you eat any processed meat, such as bacon, lunch meats, or hot dogs? Include processed meats you had in sandwiches, soups, pizza, casseroles, and other mixtures. Processed meats are those preserved by smoking, curing, or salting, or by the addition of preservatives. Examples are: ham, bacon, pastrami, salami, sausages, bratwursts, frankfurters, hot dogs, and spam.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_21 (how often eat whole grain bread in section Diet)

During the past month, how often did you eat whole grain bread including toast, rolls and in sandwiches? Whole grain breads include whole wheat, rye, oatmeal and pumpernickel. Do not include white bread.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_22 (how often eat chocolate or any other types of candy in section Diet)

During the past month, how often did you eat chocolate or any other types of candy? Do not include sugar-free candy.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_23 (how often eat doughnuts, sweet rolls, Danish, muffins, pan dulce, or pop-tarts in section Diet)

During the past month, how often did you eat doughnuts, sweet rolls, Danish, muffins, pan dulce, or pop-tarts? Do not include sugar-free items.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week

- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_24 (how often eat cookies, cake, pie or brownies in section Diet)

During the past month, how often did you eat cookies, cake, pie or brownies? Do not include sugar-free kinds.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_25 (how often eat ice cream or other frozen desserts in section Diet)

During the past month, how often did you eat ice cream or other frozen desserts? Do not include sugar-free kinds.

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

dsq_26 (how often eat popcorn in section Diet)

During the past month, how often did you eat popcorn?

- 1 Never
- 2 1 time last month
- 3 2-3 times last month
- 4 1 time per week
- 5 2 times per week
- 6 3-4 times per week
- 7 5-6 times per week
- 8 1 time per day
- 9 2 or more times per day

diet_q1 (how healthy is diet in section Diet)

In general, how healthy would you say your diet is?

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor

diet.q2 (past year diet got healthier, less healthy, or stayed same in section Diet)

Over the past year, would you say your diet got healthier, less healthy, or stayed the same?

- 1 Healthier
- 2 Less healthy
- 3 Stayed the same

diet.q3 (typical week how many days have dinner prepared at home in section Diet)

In a typical week, on how many days do you have a dinner that was prepared at home from scratch (such as with fresh food or ingredients)?

- 1 0 days
- 2 1 day
- 3 2 days
- 4 3 days
- 5 4 days
- 6 5 days
- 7 6 days
- 8 7 days

diet.q4 (typical week how many days have dinner ready-made in section Diet)

In a typical week, on how many days do you have **dinner that was ready-made**, like frozen dinners, Spaghetti-Os, microwave meals, frozen burritos, eggos, etc.?

- 1 0 days
- 2 1 day
- 3 2 days
- 4 3 days
- 5 4 days
- 6 5 days
- 7 6 days
- 8 7 days

diet.q5 (typical week how many days get take-out food or dine in in section Diet)

In a typical week, on how many days do you get take-out food or dine in? Please think about food from fast food restaurants, sandwich or sub shops, sit-down restaurants, food truck or food carts, convenience stores, and prepared foods from a grocery store.

- 1 0 days
- 2 1 day
- 3 2 days
- 4 3 days

- 5 4 days
- 6 5 days
- 7 6 days
- 8 7 days

diet.q6 (typical week how many days eat fast food in section Diet)

In a typical week, on how many days did you eat fast food? Include fast food meals eaten at work, at home, or at fast-food restaurants, carryout or drive through (such as McDonalds, KFC, Panda Express, or Taco Bell).

- 1 0 days
- 2 1 day
- 3 2 days
- 4 3 days
- 5 4 days
- 6 5 days
- 7 6 days
- 8 7 days

diet_intro2 (Section Diet)

Now we would like to ask you some additional questions about your diet. Some of these questions ask you about your diet in a typical week while other questions will ask you about your diet in general.

diet.q7 (how often snack in addition to main meals in section Diet)

In a typical week, **how often** do you snack **in addition to your main meals**?

- 1 Often (e.g., almost every night)
- 2 Sometimes (e.g., at least a few times per week)
- 3 Rarely (e.g., maybe once a week)
- 4 Never or almost never

IF diet.q7 IN (1,2,3) THEN

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

diet.q8 (type of snacks usually have in section Diet)

What type of snacks do you often gravitate to? Please select your top 2 choices.

- 1 Fruits (e.g., apple, banana, pear, ...)
- 2 Vegetables (e.g., carrots, olives, ...)
- 3 Sweet snacks: cookies, candy, donuts, or pastries, chocolate, milkshakes, ...
- 4 Savory snacks: chips (e.g., potato, corn), crackers, cheese, ...
- 5 Nutrition bars, grains nuts/seeds or nut/seed butters
- 6 Leftovers from previous meals
- 7 Other, please specify:

diet.q8.other (other type of snacks usually have in section Diet)

| STRING

| END OF GROUP

END OF IF

diet_intro3 (Section Diet)

We will now ask you a few questions about dietary guidelines on intake of added sugars (i.e., sugar added to foods and beverages).

diet.q10 (daily recommended limit of added sugar intake in section Diet)

How much added sugar do you think U.S. dietary guidelines recommend as a daily limit for adults?

- 1 Zero added sugars
- 2 About 12 teaspoons (about one 12-oz soda can)
- 3 About 24 teaspoons (about two 12-oz soda cans)
- 4 About 36 teaspoons (about three 12-oz soda cans)
- 5 More than 36 teaspoons (more than three 12-oz soda cans)
- 6 I don't know

diet.q11 (pay attention to nutritional labels when purchasing foods in section Diet)

Do you pay attention to **nutritional labels** when purchasing foods?

- 1 Always
- 2 Often
- 3 Sometimes
- 4 Rarely
- 5 Never

End of section **Diet**

Start of section **Substance**

su_intro (Section Substance)

We would now like to ask you about your alcohol and drug use over the **past month**. As a reminder, your survey responses are completely anonymous and are never attached to any identifying information.

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

| **su001_intro** (Section Substance)

In the past month, how often did you do any of the following?

| SUBGROUP OF QUESTIONS

su001a (Drink alcohol in section Substance)

Drink alcohol

1 More than once

2 Once

3 Not at all

su001b (Use cannabis or marijuana products in section Substance)

Use cannabis or marijuana products

1 More than once

2 Once

3 Not at all

su001c (Use recreational drugs other than alcohol or cannabis products in section Substance)

Use recreational drugs other than alcohol or cannabis products

1 More than once

2 Once

3 Not at all

END OF SUBGROUP

END OF GROUP

IF su001a IN (1,2) THEN

su002 (past month how many alcoholic drinks on typical day when drank alcohol in section Substance)

In the past month, how many alcoholic drinks did you have on a typical day when you drank alcohol?

RANGE 1..30

IF gender = 1 THEN

su003a (female past month how often drink 4 or more alcoholic beverages within a couple of hours in section Substance)

In the past month, how often did you drink 4 or more alcoholic beverages within a couple of hours?

1 More than once

2 Once

3 Not at all

ELSE

su003b (male past month how often drink 5 or more alcoholic beverages within a couple of hours in section Substance)

In the past month, how often did you drink 5 or more alcoholic beverages within a couple of hours?

1 More than once

2 Once
3 Not at all

END OF IF

END OF IF

IF su001b IN (1,2) THEN

su004 (past month how many times cannabis or marijuana on typical day in section Substance)

In the past month, how many times did you use cannabis or marijuana on a typical day when you used cannabis or marijuana products?

RANGE 0..30

su005 (form consume cannabis or marijuana products in past month in section Substance)

In what form did you consume cannabis or marijuana products in the past month? Please select all that apply.

- 1 Smoking
- 2 Vaporizing
- 3 Edibles (gummies, baked goods, drinks etc.)
- 4 Other

END OF IF

End of section **Substance**

Start of section **Physical**

phys_intro (Section Physical)

Now we would like to ask you some questions about your physical activity.

active_vq (last 7 days how physically active in section Physical)

During the last 7 days, how physically active were you?

When considering how physically active you were, please include all of your light, moderate, and vigorous activities over the last 7 days.

0 0 Not at all

1 1

2 2

3 3

4 4 Extremely

sb_vq (last 7 days how sedentary in section Physical)

During the last 7 days, how sedentary were you? That is, doing things that require little or no physical activity such as watching tv, on your phone or computer, resting, etc.

0 0 Not at all

- 1 1
- 2 2
- 3 3
- 4 4 Extremely

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

for1 (what comparisons how physically active in section Physical)

When you answered the question "During the last 7 days, how physically active were you?", did you make any of the following comparisons? Please select all that apply.

- 1 I compared myself with another person or other people
- 2 I made a comparison with how I was some time ago
- 3 I thought about how I would feel if something about me or my life were different
- 4 I compared myself with other things (please specify):
- 5 I did not make any comparisons when answering the question above

for1_other (other what comparisons how physically active in section Physical)

STRING

END OF GROUP

IF 1 IN for1 THEN

for2 (who comparison with how physically active in section Physical)

When you compared yourself with another person or other people, which of the following did you think about? Please select all that apply.

- 1 Family and friends
- 2 People of similar age
- 3 People younger than me
- 4 People older than me
- 5 Others

END OF IF

GROUP OF QUESTIONS PRESENTED ON THE SAME SCREEN

for3 (what comparisons how sedentary in section Physical)

When you answered the question "During the last 7 days, how sedentary were you?", did you make any of the following comparisons? Please select all that apply.

- 1 I compared myself with another person or other people
- 2 I made a comparison with how I was some time ago
- 3 I thought about how I would feel if something about me or my life were different
- 4 I compared myself with other things (please specify):
- 5 I did not make any comparisons when answering the question above

for3_other (other what comparisons how sedentary in section Physical)

STRING

END OF GROUP

IF 1 IN for3 THEN

for4 (who comparison with how sedentary in section Physical)

When you compared yourself with another person or other people, which of the following did you think about? Please select all that apply.

- 1 Family and friends
- 2 People of similar age
- 3 People younger than me
- 4 People older than me
- 5 Others

END OF IF

t1.q4 (overall physical activity in section Physical)

On a scale of 1 to 10, where 1 means you spend most of each day sitting or lying down and 10 means you spend most of each day moving around on your feet, how physically active are you? If you spend most of your day sitting or lying down, you would choose a number closer to 1, and if you spend most of your day moving around on your feet and being active, you would choose a number closer to 10.

1 1 Spend most of the day sitting or lying down

2 2

3 3

4 4

5 5

6 6

7 7

8 8

9 9

10 10 Spend most of the day moving around on your feet

pa_guidelines (how much weekly physical activity U.S. guidelines recommend for adults in section Physical)

How much weekly physical activity do you think U.S. guidelines recommend for adults?

MODERATE ACTIVITY refers to when your breathing is faster than normal and you may get slightly sweaty after 10 minutes, but you're not out of breath. Moderate activities may include fast walking, housework, cleaning, caregiving, carrying light loads, slow bicycling, light weight training, gardening, skateboarding or general home repair.

VIGOROUS ACTIVITY refers to activities that take hard physical effort and make you breathe much harder than normal, such as weight training, sports like basketball or soccer, aerobics, running, heavy construction, or loading or unloading a truck, or other heavy lifting.

1 60 minutes of moderate-intensity activity

2 90 minutes of moderate-intensity activity

- 3 90 minutes of moderate-intensity activity or 45 minutes of vigorous-intensity activity
- 4 150 minutes of moderate-intensity activity or 75 minutes of vigorous-intensity activity
- 5 200 minutes of moderate-intensity activity or 90 minutes of vigorous-intensity activity
- 6 I don't know

pa_guidelines2 (how many days a week muscle-strengthening activities in section Physical)

How many days a week do you think an adult needs to do muscle-strengthening activities that work all major muscle groups, like legs, hips, back, abdomen, chest, shoulders, and arms?

- 1 0 days
- 2 1 day
- 3 2 days
- 4 3 days
- 5 4 days
- 6 5 days
- 7 6 days
- 8 7 days

End of section **Physical**

Start of section **Closing**

CS_001 (HOW PLEASANT INTERVIEW in section Closing)

Could you tell us how interesting or uninteresting you found the questions in this survey?

- 1 Very interesting
- 2 Interesting
- 3 Neither interesting nor uninteresting
- 4 Uninteresting
- 5 Very uninteresting

CS_003 (comments in section Closing)

Do you have any other comments on the survey? Please type these in the box below. (If you have no comments, please click next to complete this survey.)

STRING

End of section **Closing**

/* Please note that although question CS_003 is listed in the routing, the answers are not included in the microdata in the event identifiable information is captured. Cleaned responses are available by request. */